

How to join Team Grace House

If you have your own place through the Great North Run ballot we would be delighted if you would consider running for Grace House North East Children's Hospice Appeal.

We will support you as much as we can including providing a running vest, sponsorship pack and an invitation to join us in the marquee at the end of the race where we will have refreshments and masseurs.

How to obtain one of our guaranteed places

We have attached the following information for you to help guide you through the application process.

1. Registration form – please complete and return to us
2. On-line pack – information on securing on line sponsorship

Please complete the registration form and sign this agreement form below and return to the appeal office as soon as possible. We will then inform you if you have been successful in securing a guaranteed place.

Please note

You will need to pay the charity £50 for the place and promise to raise a minimum of £300 in sponsorship.

“Why not aim to raise £765 the cost of one child's stay at Grace House for one day and night?”

Signature

I, the undersigned, wish to take part in the Great North Run. I understand that this is done at my own risk and I absolve Grace House North East Children's Hospice appeal from any injury incurred or any damage to property through participation.

A half marathon is a physically demanding activity. If you are in doubt about your current medical condition please consult your doctor before registering.

I fully understand that this is a sponsored event and I promise to raise the minimum sponsorship of £300

Signature:

Date:

About the BUPA Great North Run

The BUPA Great North Run is the world's biggest half marathon and a key event in the North East calendar. With 52,000 runners pounding the 13.1 miles from Newcastle to South Shields all the while being shown live on the BBC.

The BUPA Great North Run attracts a huge variety of participants from elite athletes to those taking part in their first half marathon. Either way the day will undoubtedly be a day to be remembered.

About Grace House North East Children's Hospice

The Grace House North East Children's Hospice Appeal is raising funds to equip and run a new hospice for children and their families who live in the North East of England.

The new hospice will complement existing services in the area and provide 6 bedrooms for children and an additional 4 family rooms allowing families to stay together if they choose.

The hospice will provide specialist respite, nursing and end of life care 24 hours a day, 365 days per year. Care will be provided for children and young people from birth to early 20's and in addition, support will be offered for siblings and parents continuing into bereavement for as long as needed.

Grace House North East Children's Hospice Appeal
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Registered Charity Number: 1100682
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www.gracehouse.co.uk



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GREAT NORTH RUN

16th September 2012

